

NEWSLETTER

Winter 2024

Rotary
Carlton



Welcome to our latest Newsletter - aimed to update our group of "Friends of Carlton Rotary" with activities undertaken, and those planned. We hope you enjoy!

We are always keen to welcome new members, so please pass this on to any friends or family who might be interested in joining Rotary—to have fun and make a difference to our world. Do contact us, too, if you have a community project or particular need you feel we could help with.

Santa's Sleigh in December

Well done! Santa has asked me to say a big **thank you** to all Rotarians and Friends who volunteered in December to keep his sleigh on the road and outside supermarkets. We brought Christmas cheer to young and old. Children were delighted to have photos taken with him and tell him their hopes for Christmas.

346 volunteering hours on the rota, filled by 16 Carlton Rotarians and 21 Friends and supporters! Plus of course time spent behind the scenes for those who kept the generator topped up, provided sweets, re-wired the lights, touched up the



paintwork, washed the Santa outfits, liaised with the supermarkets, applied for licences, designed posters, organised the banking, the music, kept the rota and Facebook up to date, etc etc. A great team effort. And **thanks** go to Lowdham Caravans for again servicing his sleigh.



But most of all, **thank you** to the kind residents of Carlton, Netherfield and Gedling who donated so generously, given the present economic climate. The fantastic amount of £8,487.01 was raised and will be used to give out to deserving causes during this coming year.

Santa's Helper (Colin Gell)

If you know of a cause worthy of help or a donation, please get in touch: carltonrotary@gmail.com

Recent donations we have made include:

To 2 local Foodbanks; Young Lives v Cancer; a Playgroup; Carers for Carers; Base 51 (*a charity for young people*); Samaritans; Emmanuel House; Phenomenal Futures (*domestic abuse & trauma charity*); St George's Centre, Netherfield; YMCA; and December food vouchers to help local families. Some of the replies we have received on receipt of the food vouchers are here:

- *From St George's Centre: You are just an amazing bunch of folk. Thank you sooooo so much. I have already given out a voucher to a father & son with little to nothing at this time of year. Without your kindness we would not be able to help people like this on your behalf. Thank you so much.*
- *Thank you so much for the vouchers!!! I was so down because this is the first year ever (35 years of tradition) that I will be home alone for the entirety of Xmas just me and my child and this voucher will help hugely with lovely Xmas dinner and tasty treats too! Can't thank you enough!*
- *Our family received a Morrisons voucher via our school. We live in Carlton. We are so thankful for the voucher. My husband is really unwell and it helped a lot. I shed a few tears. Thank you from the bottom of my heart. You will never know how much this has helped.*
- *I would like to thank you for you Asda food voucher. After losing my job last year and struggling immensely with PTSD due to a 23 year violent relationship this food voucher is greatly appreciated. Thank you so much.*

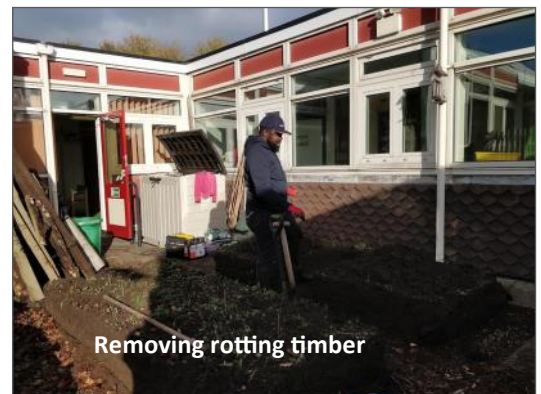
Eco-Greenhouse for Stanhope Primary School

November wasn't the best month of the year for this project—but we were lucky with two fine mornings to clear 4 raised beds which were unsafe with rotting timber supports, replace them with 4 smaller beds and create a level area to site the eco-greenhouse.

The children had collected 1,300 2-litre bottles, and cut the bottoms off in preparation. We were grateful to Nexus Fostering for sponsoring the purchase of the greenhouse frame and for their employee, Megan, for helping with the build. We were also grateful to UK Timber of Corby for discount on the timber for the raised beds, D Fearn and Son for discount on gravel for the base and Hilltop Nursery for a donation of a bag of ornamental bark.



Eight club members plus three volunteers from the school worked over the two days to complete the project, with an official "hand-over" planned for January.



GREETING CARDS FOR SALE



Pack of 5 greeting cards, 6" square and blank for your own message, featuring photos of Gedling Country Park

Cost is £5



Profit split between charities supported by Carlton Rotary and the Friends of Gedling Country Park



Order by email: carltonrotary@gmail.com or from our website

Visit to Notts County

In November, members enjoyed a visit to Notts County Football Stadium hosted by all-time top scorer Les Bradd (far right of the photo). The backstage tour included visits to the dressing rooms and viewing of the trophy cabinets - as well as the opportunity to stand pitch-side and in the dugout.

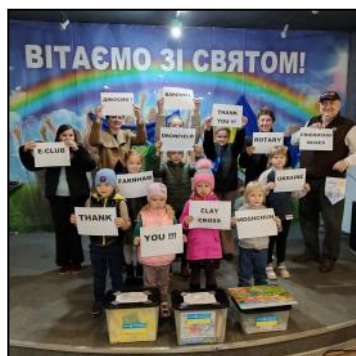
Les delivered a fascinating account of how modern technology is utilised to great effect in monitoring and analysing the performance and movements of players and the ball, using wearable devices. This helps individual players to improve their game, and, of course, ultimately their career prospects.

The morning was rounded off in style, with a great lunch at the nearby Navigation Inn.



Toy Boxes for children in Ukraine

Instead of filling Rotary shoeboxes this year, members filled a dozen large toy boxes which were shipped along with hundreds of others

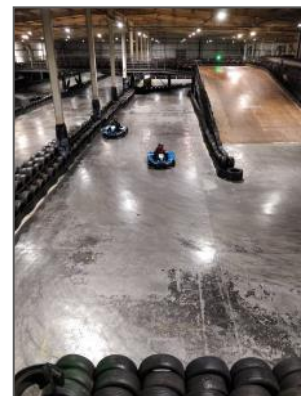


from our Rotary District direct to Rotary partners in Ukraine.

They were given to bring some joy to children forced to spend hours in shelters during bombing raids, etc.

Trip for a local group of Young Carers

In November we financed a trip to the indoor Team Sport Go Karting centre in Netherfield for ten young carers. None had driven a go-kart before and for most it was quite out of their comfort zone. But they all rose to the challenge, took on board the safety instructions and had a great time, gradually gaining in confidence. A memorable experience for them all—and us as spectators too! We hadn't realised such a great centre existed in Netherfield.



An OPEN INVITATION to join in with any of the meetings or activities below
Meetings are 7pm on Zoom or 6.30pm at Mapperley Golf Club with a meal.

Day	Date	Venue	Topic
Thursday	11-Jan	MGC	SPEAKER: Kenneth Okpeahior - Rotary Club of Edjeba
Thursday	18-Jan	Zoom	SPEAKER: Jane Wright - Mary's Meals from humble beginnings to a global charity
Thursday	25-Jan	MGC	SPEAKER: Martyn Bye - Climate Clever Rotary
Thursday	01-Feb	Social	Chinese Meal at Springwater Restaurant
Thursday	08-Feb	MGC	SPEAKER: Kamala Mueller - My family's memories of WW1 and WW2
Thursday	15-Feb	Zoom	SPEAKER: Mo Cooper - The Clergyman, the Widow and the Milkman
Thursday	22-Feb	MGC	Business Meeting
Thursday	29-Feb	MGC	SPEAKER: Tony Waldron—Balloons & Parachutes: The Adventures of Dolly Shepherd, an Edwardian Air Display Heroine
Wednesday	06-Mar	Social	Visit to Nottingham Panthers Ice Hockey match
Saturday	09-Mar	B Joyce	Annual Quiz Fundraiser at Burton Joyce Village Hall
Thursday	14-Mar	Zoom	SPEAKER: Dr Jane Rowley—Project Manager for Trent Dementia
Thursday	21-Mar	MGC	SPEAKER: Andy Jenkins—The Commonwealth War Graves Commission
Thursday	28-Mar	& 4-Apr	NO MEETINGS—Easter bank holiday weeks.
Thursday	11-Apr	MGC	SPEAKER: Dr Mark Paul-Clark—Pharmacology

If you are interested in joining in with any of the above, email carltonrotary@gmail.com to book in.

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Website: www.carltonrotary.co.uk

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