

NEWSLETTER

Autumn 2023



Welcome to our latest Newsletter - aimed to update our group of "Friends of Carlton Rotary" with activities undertaken, and those planned. We hope you enjoy!

We are always on the look out for new members, so please pass this on to any friends or family who might be interested in joining Rotary—to have fun and make a difference to our world. Do contact us too if you have a community project or particular need you feel we could help with.

Highlights from July-Sept 2023



- ◆ We had a stall at the Gedling Country Park Environment Day early August
- ◆ We also attended Lowdham Horticultural Show on Bank Holiday Monday where we ran a successful "bottle stall"
- ◆ An enjoyable summer walk
- ◆ Fun game of skittles



- ◆ Speakers at our face-to-face meetings have included:
 - * Our President Maxi who gave a moving presentation about her background as a "survivor"
 - * Dennis Tully of Emmanuel House where we continue to donate clothing collections
 - * David Thomas of Nottingham Community Voluntary Service. Always good to hear the work of another like-minded charity
 - * Jessica Spencer of Spring Lane Farm Shop who gave an excellent talk about the history of the family farm and their farm shop which is ever expanding
 - * Shrii Priyaa who went to RYLA—see overleaf

Also—a visit from Dr Murugan Appupillai from Miramar Rotary in India



Murugan is Director of Mission Rabies (India), working for the Worldwide Veterinary Service UK. He first visited our club while staying with his family in Nottingham last August. On his return visit this year he gave us a most interesting talk about the problem of rabies in India and other countries around the world and the work his organisation is undertaking in his home state of Goa which now is "rabies free".



It is always good to hear about Rotary activities way outside of our areas of knowledge.

Our sponsored student, Shrii Priyaa, reports on her RYLA experience

I thank the Rotary Club of Carlton immensely for the opportunity to take part in the Rotary Youth Leadership Award at the Castleton Centre. From the very beginning of the Program, I was assured of not only a safe environment but an opportunity to step out of my comfort zone and socialise with other ambitious and astute young people.

Beginning with the “Ice Breaker activities”, we were able to understand one another further and this gave us an idea of the skills we could learn from each other and implement in the upcoming tasks. To me, I hoped to further develop my leadership skills as a complementing aspect for a medical career and I was delighted to gain many more skills and reflect on my strengths and weaknesses as a leader with a member of the RYLA team at the end of the program.

Every activity carried a conscious focus on specific skills and included building art straw towers, walking through Castleton, The Trading Game, Knex Challenge and the Ping pong ball challenge. One activity I both enjoyed and learnt most from personally was the auction game in which forethinking for the best profit in points had to be predicted along with the time take to reach



bought locations in a given time limit. The individuals in my group took responsibility for different aspects of the challenge so that the work was smartly distributed to achieve the best outcome. Most importantly we used the advantage of technology to work more rapidly and

as leader of the team I found that thinking proactively with awareness of other teams and ensuring the wellbeing of my own group members was crucial. By implementing these skills our team was able to win the auction!

I discovered that being a leader does not only come from command but rather being a good team member that acknowledges and encourages team efforts and actively works towards correcting our own past errors – because no one is perfect, but we can certainly work towards it! Apart from the intellectual aspect of the program I was able to make friends of a lifetime, I thank RYLA for making us feel at home and ensuring the well being of all candidates at all times both in terms of food, engaging activities and safety whilst giving us the freedom to develop our own skills, It is an experience I will never forget.

Shrii also came to present her experiences to us at a meeting in September. She bowled us over by her ambitions to “go to Oxford and become a doctor”. Not only that, but to become a neurosurgeon is her end aim! We will “watch this space”.



GREETING CARDS FOR SALE

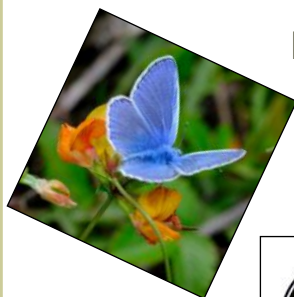
Pack of 5 greeting cards, 6" square and blank for your own message, featuring photos of Gedling Country Park

Cost is £5

Profit split between charities supported by
Carlton Rotary
and the
Friends of Gedling Country Park



Order by email: carltonrotary@gmail.com
or from our website



Bleed pack cabinet



In July we supplied a "Bleed Pack Cabinet" to St George's Centre, Netherfield.

Member David Falkner installed this alongside the defibrillator we had previously donated.

Christmas Meal Invitation

We extend a warm invitation to our Friends of Carlton Rotary
to join us for our Christmas Meal

on Thursday 14 December at Ramsdale Park Golf Centre.

We have exclusive use of their upstairs room—and a full Christmas menu with plenty of choice too. A fun evening to enjoy good food together and celebrate the Christmas season.

Interested in coming? Let us know by mid November—
carltonrotary@gmail.com—you can be assured of a warm welcome.

Can YOU help us fundraise with Santa's Sleigh in December?

We are again planning some evening collection routes around Gedling, Netherfield, Carlton and some supermarket slots in the daytime too.

Can you use your car to tow the float?

Can you offer to be Santa or a collector for a 2 hour slot in the daytime or evening?

IF SO— Float Co-ordinator Colin Gell would be pleased to hear from you. Contact him at:
colinrotary10@gmail.com



Collection of Spectacles



Another donation of used spectacles from AC Allan Opticians in Sherwood will be sent to York Ainsty Rotary for their SpecSort programme and forwarded to partners in Africa.

If you have any pairs to donate, let us know by end of November.

An OPEN INVITATION to join in with any of the meetings or activities below
Meetings are 7pm on Zoom or 6.30pm at Mapperley Golf Club with a meal.

Day	Date	Venue	Topic
Thursday	5-Oct	Social	Meal at Himalayan Restaurant in Arnold
Thursday	12-Oct	MGC	SPEAKER: District Governor, Richard Vergette
Thursday	19-Oct	Sprinters	Committee Meetings and Business Meeting—NOTE venue Sprinters in Arnold
Thursday	26-Oct	MGC	SPEAKER: Bob White—Robin Hood Society
Thursday	2-Nov	Social	TBC
Thursday	9-Nov	MGC	SPEAKER: Jane Hopkins—District Membership Lead
Thursday	16-Nov	Zoom	SPEAKER: Verity Mitchell—Base 51
Thursday	23-Nov	MGC	Annual SGM & Committee Meetings
Thursday	30-Nov	Social	Visit to Notts County Football Stadium—11 am
Thursday	7-Dec	MGC	Business Meeting
Thursday	14-Dec	Social	Christmas Dinner at Ramsdale Golf Centre
Thursday	21-Dec	Zoom	SPEAKER: RI President Gordon McNally—7.30 to 8.30 pm
DATES FOR YOUR DIARY FOR 2024			
Saturday	23-Mar	Social	Annual Fundraising Quiz at Burton Joyce Village Hall

If you are interested in joining in with any of the above, email carltonrotary@gmail.com to book in.

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Website: www.carltonrotary.co.uk

Facebook: @RotaryCarlton

Contact email: carltonrotary@gmail.com